

Elderly cat health check form

1. Cat and Owner name

2. Date of assessment

3. Age

4. Breed

5. Gender and neuter status (circle as appropriate)

F

FN

M

MN

6. Clinical history – does the owner have any concerns?

7. If owner has not already completed the health questionnaire sent out to them, run through it with them in the consulting room

<i>Have you noticed any change in your cat's....</i>	<i>Yes</i>	<i>No</i>	<i>Not sure</i>	<i>Comments</i>
.... thirst?				
.... appetite?				
.... eating?				
.... breath?				
.... weight?				
.... behaviour?				
.... mobility or agility?				
.... energy levels?				
.... urination or defecation?				
.... grooming?				
.... coat condition?				
.... breathing?				
.... body condition?				
.... eyes, ears and nose?				
... claws?				
..... anything else?				

8. Mobility questionnaire – please tick the relevant boxes below:

Question	Yes	No	Not sure	Note any comments here or over the page
<p>Have there been any changes in the cats ability or enthusiasm to:</p> <ol style="list-style-type: none"> 1. go up and/or down stairs 2. use the catflap 3. jump onto or off the bed/sofa/your lap/work surfaces etc 4. jump or climb into/onto its favourite bed 5. play 6. climb trees/fences etc 7. use scratching posts (or other substrates) 				
<p>Have any of the following been noticed</p> <ol style="list-style-type: none"> 1. a stiff or stilted gait (ie less fluid – less ‘feline’ - motions) 2. a limp 3. vocalising or hissing in response to moving around or being stroked over joints 				
<p>Have any of the following changes in your cats behaviour been detected?</p> <ol style="list-style-type: none"> 1. Grumpy or less happy with people and other animals in the house 2. More withdrawn – interacting less with others in the house 3. Less active 4. Sleeping in different locations eg on the floor 5. Not coming upstairs/into the house any more 6. Passing urine or faeces in abnormal locations eg beside the litter tray, other locations inside the house 7. Purring less 8. A reduced appetite 9. Changes in coat condition (eg matted, scurfy) and/or grooming behaviour – eg grooming less overall, neglecting certain areas, overgrooming certain areas (eg due to pain over a joint) 				
<p>Has the cat had any musculoskeletal injuries in the past (to the owner’s knowledge)?</p>				
<p>Any knowledge concerning affected relatives? (eg hip dysplasia is more common in certain breeds eg Maine Coon and possibly Siamese, Burmese, Tonkinese, Oriental, Balinese)</p>				

9. Patient assessment

Assessment	Comment/result
General mobility in the consulting room	
General demeanour and attitude – normal/subdued/?	
Blood pressure measurement (average of 3 readings) Please record cuff size and location (eg tail) here:	Do this procedure first, preferably after the cat has had a 5-10 minute period of acclimatisation whilst you have been taking the patient history - insert the result here:
Eye examination with a hand lens and ophthalmoscope	Assessment for ocular manifestations of systemic hypertension. Insert any comments here:
Bodyweight in kg	
% weight change = (difference in today and last time's weight) divided by (last time's weight) x 100 eg 5kg at last check, 4.7kg today. % weight change = $(0.3 / 5) \times 100 = 6\%$ weight loss	
Body condition score	Record using a 5 or 9 point scale – insert BCS here
Examination of the oral cavity eg dental disease, pale gums	
Examination of the ears eg wax/discharge	
Examination of the eyes and nostrils eg discharge	
Palpation for a thyroid nodule (normal cats should not have a goitre)	

Auscultation of the chest eg murmur, gallop, arrhythmia	
Palpation of the abdomen eg constipation, mass	
Examination of the skin and coat eg poor coat, matts	
Run your hands over the cat's body eg lumps, bumps	
Skin tenting (dehydration)	
Other abnormalities?	

10. Urinalysis results

<i>Test</i>	<i>Result/s</i>	<i>Comment/interpretation</i>
Specific gravity (refractometer)		
Dipstick		

11. Blood test results

<i>Test</i>	<i>Result/s</i>	<i>Comment/interpretation</i>
Haematology		
Serum biochemistry		
T4 test		

12. Patient summary

13. Action required?

All OK – book next health check in

- **6 months (cats aged 7-14 years)**
- **3 months (cats aged 15y and over)**

Further veterinary assessment required